



# FREE VIRTUAL WORKSHOP

Wednesday, March 18, 2026

Online via Zoom 6:30 - 8:30 PM



Please share this information with your members. We look forward to seeing you all there!

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## **FROM "AT RISK" TO "SAFE AND SOUND"** *Led by Owen Carnahan*

Learn what risk management means for housing co-ops and how communities become safer by identifying and fixing property risks.

This workshop will include:

- How to save money on property insurance premiums by preventing the unexpected.
- How preventable property damages can be expensive, cause stress for members and overwhelm co-op staff.
- An explanation of how CHF Canada's Risk Management Program can benefit your co-op.
- Simple tools and tips to keep your property and members safe.

## **CO-OP PRINCIPLE 3: EMPOWERING MEMBER ECONOMIC PARTICIPATION AND ITS IMPACT ON ASSET MANAGEMENT** *Led by Caroline Chapman and Ofelia Guanlao*

Many co-op managers, directors, and members find financial reports overwhelming – this workshop will demystify these processes. Strong financial management is the backbone of well-maintained buildings and vibrant co-op communities. This workshop will enhance your financial literacy, empowering boards and members to understand and grasp the financial responsibilities of housing co-ops for both current and future generations. You don't have to be a finance whiz to communicate effectively; this workshop aims to equip you with the tools to present financial information clearly and compellingly. Learn how to translate seemingly complex numbers into a narrative that guides sound decisions today, ensuring a sustainable future for your co-op.

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## **FACILITATORS**

**OWEN CARNAHAN** is currently the Risk Management Co-ordinator for CHF Canada's Risk Management program in partnership with The Co-operators Insurance. Owen has worked for CHF Canada for the past five years helping to administer the Risk Management Program for our members, and he has ten years of experience in adjusting insurance claims under homeowners and commercial property policies. Owen has Bachelor of Arts in Economics and has completed a certificate in Risk Management.

**CAROLINE CHAPMAN** has been a dedicated co-operative housing property manager since 2013, working closely with boards and members to build strong, sustainable communities. Before entering the co-op housing sector, she developed her professional foundation in sales and marketing, where she honed her skills in communication, strategic thinking, and relationship building.

**OFELIA GUANLAO** is a Senior Program Manager in Asset Management Services and serves co-ops across Canada. She is a certified Project Management Professional (PMP), a LEED Green Associate (Leadership in Energy and Environmental Design), and holds a Building Operator Certification (BOC 1) by the Northwest Energy Efficiency Council (NEEC). Ofelia has over 16 years of experience in energy management, property management, and multi-residential buildings. She has a Master's degree in Business Administration (MBA). Ofelia possesses the skills and knowledge to transform co-operative homes to be more comfortable, energy-efficient and environmentally sustainable.